



THE CITY OF
EAST POINT, GA

THINGS YOU
SHOULD
KNOW ABOUT
BICYCLE
SAFETY



CITY OF EAST POINT PEDESTRIAN AND
BICYCLE SAFETY PROJECT

Made possible by a grant from the
Georgia Governor's Office of Highway Safety

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BASIC SAFETY TIPS FOR BICYCLISTS

MAKE SURE YOU AND YOUR BIKE ARE READY BEFORE YOU HIT THE ROAD. YOU SHOULD...

Always wear a securely strapped bicycle helmet. It's the law if you're under 16. (Georgia Code 40-6-296)



Adjust your bicycle so that you can reach the pedals, handle bars and brakes easily.

Check your hand and rear brakes and inflate tires properly.

Store books and other items in a backpack or bicycle carrier.

Ride during the day...it's safer. If you must ride at night, equip your bike with front and rear reflectors and a light.

Wear bright colored clothing that makes you easily visible to traffic at night.



NOW THAT YOU AND YOUR BIKE ARE READY,
BE SURE THAT YOU ...

Stop before riding your bike into the street...look left, right and left again.

Follow all rules of the road...signs, signals, lane markings. (refer to the Georgia Department of Public Safety's driving manual)

Ride with the flow of traffic...never against it!

Remember: A bicycle helmet reduces the risk of serious head and brain injury by 85-88%. But it's not enough to simply buy and wear one - you need to make sure it fits properly.

Check behind you before turning or switching lanes and signal your turns for others to see.

Be alert and watch for situations that could result in you getting hurt!

A MESSAGE FOR PARENTS...

More than one-third of all bicyclist deaths occur among school age youth ages 5 to 20. (Source: USDOT, DOT HS 808 607, 9/97)

Make sure your child wears a helmet every time he/she rides a bicycle. It's the law in Georgia.

Check your child's bicycle for correct fit, properly working parts and reflectors.

Teach your child the rules of the road and how to be a defensive rider.



A bicycle is not a toy. It's a vehicle!

SAFETY FIRST!

DRIVERS CAN MAKE STREETS SAFER FOR BICYCLISTS BY...

Obeying all posted signs.



Learning to recognize hand signals used by riders to indicate lane changes.

Sharing the road...bicycles are vehicles too!



Driving cautiously in rainy weather and areas where bicyclists ride.



Contact (404) 765-2767 for questions about this project or call the Governor's Office of Highway Safety at (404) 656-6996 for information about pedestrian safety in the state of Georgia.